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WHAT PSA Behavioral Health Agency (PSA) is a non-profit organization providing innovative programs to help adults, children, and families face the challenges of serious behavioral illnesses, general mental health and substance use.

WHEN Originally incorporated as Presbyterian Service Agency in 1971 as a 501c(3) nonprofit organization with a mission to provide supportive services and outreach to the elderly and boarding home residents of South Phoenix. WHO Led by a volunteer board of directors & CEO Sara Marriott, PSA has, over the past 17 years, grown from a \$1.5 to \$20+ million organization. Over 200 employees work at over 17 locations (excluding residential settings) throughout Arizona in Maricopa, Cochise, Pima, Yuma, La Paz, Pinal, & Mohave Counties.

WHY To enhance and empower the behavioral health community through creativity, innovation, recovery and diversity. PSA brings services to children, adults, and families in multiple communities through innovative programs, affordable housing, and peer-directed treatment for people with behavioral health issues.

SL & SLA CO-OCCURING SUPPORTED LIVING Integrated treatment for SMI adults, includes a transitional living component, individual and group recovery sessions, assistance with self administration of medication and flexible levels of care.

PERMANENT SUPPORTIVE HOUSING SERVICES Provides in-home and community based services to help teach independent living skills with the goal of helping individuals maintain housing, personal wellness and independent living.

PSA IN COMMUNITY In-Home and Respite services structured to provide rest and relief to family members or caregivers, while providing peer supportive services for participants. The peer driven team provides education about the recovery process and works to help the family members to engage in supportive services as well as provide recovery skills and techniques through a peer and family perspectives for the participant.

INTEGRATED CARE SERVICES Physical wellness is emphasized through health education, cooking, help gaining food handlers license, nutrition, gardening and exercise with a certified trainer. Mental well-being is taught from a Registered Nurse through holistic group and individual sessions in somatic healing, binaural beats and meditation.

SPONSORED BY
Cenpatico Integrated Care
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Gila River Indian Community
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Mohave County Probation
Dept./Detention Center
Pascua Yaqui Tribe
United Health Care
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University of Arizona Health Plans

MANAGEMENT TEAM
Sara Marriott, President & CEO
Karen D. Puthoff, President, Art Awakenings
Kevin Eccleston, Chief Compliance Officer
Freddy Cortez, Chief Administration Officer
Kimberly Quiros, Chief Operations Officer
Charlotte Webb, Chief Recovery Officer
John Mireles, Chief Officer for Diversity,
Ombudsman
Dr. Tasneem Doctor, Chief Clinical &
Development Officer

Doug Zimmerman, Chief Financial Officer

OUTPATIENT COUNSELING Offering person centered and group counseling, psych-social rehabilitation & independent living skills assistance via harm reduction strategies and the Recovery Model.

MARICOPA RESPITE Services provide rest and relief for a family member while participants are engaged in activities that promote wellness.

PEER EMPLOYMENT TRAINING Offers a comprehensive training program for participants to become certified with the State of Arizona as Certified Peer Support Specialists. CPSS's provide strength, hope and recovery support services to participants. **YOUTH INITIATIVES** Structured, creative activities targeting youth & families in individual & group settings. Focus is on cultivating wellness in the family, community, and educational environment. Youth respite offered in Tucson.

ART AWAKENINGS STUDIOS Foster empowerment and recovery through therapeutic arts and/or art therapy for adults and youth in a safe, supportive studio environment in Downtown & NW Phoenix, Casa Grande, Tempe, Tucson, Parker, Bisbee, Douglas, Bullhead City, Kingman, and Yuma plus mobile services in select areas. The psychosocial rehab program



utilizes visual art, poetry, music, movement & drama to enhance self-esteem & wellness management skills through structured classes and independent work. Participants gain personal wellness & professional skills by creating artwork for exhibit & sale. WAREHOUSE 1005 & 442 STUDIOS & GALLERY For Phoenix & Tucson artists ready to develop their skills in a more independent, entrepreneurial environment. Warehouses 1005 and 442 help artists become productive members of their local art communities through empowering or enhancing artistic skills. The LOFT in Phoenix offers studio rental space to area community members.

Diversity Inclusive Workplace Award from the Diversity Leadership Alliance